

Classes Equipment Use and Maintenance Log

The “Classes Equipment Use and Maintenance Log” needs to be used to list all the equipment used by each class in the Gym to support efficient, cost-effective and safe use of resources.

You will need to fill out the first table, including all the equipment that will be used during the Functional Fitness Fusion Class. You can review the tables below created for the other class to assist you with this task.

Assessor Instructions: Students will need to fill out the table below based on the information collected so far in their Assessment 2. Specific instructions are provided under the heading of each column.

Functional Fitness Fusion Equipment <i>You will need to list all six (6) pieces of equipment needed for the class.</i>	How or where will it be used	How it will be maintained	How often will it be maintained	How often should the equipment be replaced <i>Replacement time may vary for each equipment.</i>
<<Insert equipment here>> Loop bands	<<Insert equipment here>> In Functional Fitness Fusion Classes that require loop bands as part of the session	<<Insert equipment here>> <ul style="list-style-type: none"> Cleaned with antibacterial spray Stored in the storage room 	<<Insert equipment here>> Every time after the end of the class	<<Insert equipment here>>
<<Insert equipment here>> Dumbbells	<<Insert equipment here>> In Functional Fitness Fusion Classes that require dumbbells as part of the session	<<Insert equipment here>> <ul style="list-style-type: none"> Cleaned with antibacterial spray Stored in the storage room 	<<Insert equipment here>> Every time after the end of the class	<<Insert equipment here>>
<<Insert equipment here>> Kettlebells	<<Insert equipment here>> In Functional Fitness Fusion Classes that require kettlebells as part of the session	<<Insert equipment here>> <ul style="list-style-type: none"> Cleaned with antibacterial spray Stored in the storage room 	<<Insert equipment here>> Every time after the end of the class	<<Insert equipment here>>

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<<Insert equipment here>> Medicine balls	<<Insert equipment here>> In Functional Fitness Fusion Classes that require medicine balls as part of the session	<<Insert equipment here>> <ul style="list-style-type: none"> Cleaned with antibacterial spray Stored in the storage room 	<<Insert equipment here>> Every time after the end of the class	<<Insert equipment here>>
<<Insert equipment here>> Jumping ropes	<<Insert equipment here>> In Functional Fitness Fusion Classes that require jumping ropes as part of the session	<<Insert equipment here>> <ul style="list-style-type: none"> Cleaned with antibacterial spray Stored in the storage room 	<<Insert equipment here>> Every time after the end of the class	<<Insert equipment here>>
<<Insert equipment here>> Yoga mats	<<Insert equipment here>> In Functional Fitness Fusion Classes that require yoga mats as part of the session	<<Insert equipment here>> <ul style="list-style-type: none"> Cleaned with antibacterial spray Stored in the storage room 	<<Insert equipment here>> Every time after the end of the class	<<Insert equipment here>>

Pilates Equipment	How or where will it be used	How it will be maintained	How often will it be maintained	How often should the equipment be replaced
Yoga Mats for Pilates Class	In every Pilates Class	<ul style="list-style-type: none"> Cleaned with antibacterial spray Stored in the storage room 	Every time after the end of the class	Every six months
Loop Bands	In Pilates Classes that require bands as part of the session	<ul style="list-style-type: none"> Cleaned with antibacterial spray Stored in the storage room 	Every time after the end of the class	Every three months

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Yoga Equipment	How or where will it be used	How it will be maintained	How often will it be maintained	How often should the equipment be replaced
Yoga Mats for Yoga Class	In every Yoga Class	<ul style="list-style-type: none"> • Cleaned with antibacterial spray • Stored in the storage room 	Every time after the end of the class	Every six months
Yoga Blocks	In Yoga Classes that require bands as part of the session	<ul style="list-style-type: none"> • Cleaned with antibacterial spray • Stored in the storage room 	Every time after the end of the class	Every six months
Yoga Straps	In Yoga Classes that require bands as part of the session	<ul style="list-style-type: none"> • Cleaned with antibacterial spray • Stored in the storage room 	Every time after the end of the class	Every three months

Boxing Equipment	How or where will it be used	How it will be maintained	How often will it be maintained	How often should the equipment be replaced
Boxing Gloves	In every boxing class	<ul style="list-style-type: none"> • Cleaned with antibacterial spray • Stored in the storage room 	Every time after the end of the class	Once a year
Headgear	In every boxing class	<ul style="list-style-type: none"> • Cleaned with antibacterial spray • Stored in the storage room 	Every time after the end of the class	Once a year
Jumping Ropes	In every boxing class	<ul style="list-style-type: none"> • Cleaned with antibacterial spray • Stored in the storage room 	Every time after the end of the class	One every three months