

Session Plan

Session 1	
Name of session	Name of session (.e.g. Team Building)
Duration	Session duration must be less than 30 minutes
Learning outcomes /objectives	The learning objective must be clear. For example, Develop team rules
Resources required	Resources required e.g. whiteboard, textas

Session Plan 1		
Introduction		
Time	Topic / Content	Resources (if applicable)
9:00 - 9:05	Welcome <ul style="list-style-type: none"> - Add key points <i>e.g. Introduction, what will be covered</i>	
Body		
	Must use a clear structure and activities to help the learners achieve the learning outcomes	
9:05 – 9:15	<i>Develop team norms</i> <ul style="list-style-type: none"> - <i>Brainstorming activity</i> - <i>Each person takes it in turns to contribute to team norms</i> - <i>Whiteboard team norms</i> 	<i>Whiteboard, texta</i>
9:15 – 9:25	<i>Team activity – sharing</i> <ul style="list-style-type: none"> - <i>Strengths, weaknesses, opportunities and threats</i> 	<i>Whiteboard, texta</i>
Conclusion		
	Thank you Summary of what we learnt about each other and session Where to go for further information	