



Copyright Statement

Copyright refers to the legal right of a creator of literature, music, photos, video content, text and more to control and protect their creations. This includes regulating who is allowed to copy, modify and distribute their work.

Bounce Fitness owns the copyright over all the articles and information provided.

Permission is granted for viewing and sharing for personal and not-for-profit purposes.

Individuals or organisations who wish to publish materials found on this site for commercial, educational or other uses may contact the following office:

Administration

bouncefitness_administration@email.com

Upon coordination, they may be granted either of the following, depending on the material requested:

- **Written consent:** This is granted for simple, short-term use of Bounce Fitness' copyrighted material. This can include one-time use of logos.
- **Contract of use:** This is granted to formally establish the terms and conditions of use of Bounce Fitness' copyrighted material in the following situations:
 - Requestor and Bounce Fitness have a proposed partnership
 - Requestor and Bounce Fitness will participate in a promotional event
 - Requestor is sponsored by Bounce Fitness for a specific event or series of events
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 - Using materials for collaborative merchandising for sale, e.g. marathon merchandise for sale
 - Co-branding of new products for sale

Note: Please be advised that when the content of articles and information is designated for internal use only, specifically in the creation of internal documentation, the personnel tasked with producing the requested materials are permitted to utilise any resources necessary to complete their assignments.

However, they must adhere strictly to the established Documentation Creation Procedures relevant to the material they need to create prior to Publication to ensure consistency and compliance with our organisational standards.

Version Control and Document History

Date	Summary of Modifications	Version No.
11 September 2023	Released for publishing.	1.0
4 October 2023	Updated the formatting to align with the current Bounce Fitness format	1.1