

## Diploma of Counselling – Practical Role-plays Storyboard

Client	Block 1				Block 2				Block 3	
	Prac 1A	Prac 2A	Prac 3A	Prac 4A	Prac 5A	Prac 6A	Prac 7A	Prac 8A	Prac 9A	Prac 10A
Michelle Smith	<b>Role-play 1</b> <b>Part A:</b> Initial Session with Michelle <b>Part B:</b> Review		<b>Role-play 1</b> <b>Part A:</b> Second Session with Michelle <b>Part B:</b> Review		<b>Role-play 2</b> <b>Part A:</b> Fourth counselling session with Michelle <b>Part B:</b> Review		<b>Role-play 1</b> <b>Part A:</b> Sixth/final counselling session with Michelle <b>Part B:</b> Review			
Simon Leung		<b>Role-play 1</b> <b>Part A:</b> Initial Session with Simon <b>Part B:</b> Review	<b>Role-play 2</b> <b>Part A:</b> Second Session with Simon <b>Part B:</b> Review			<b>Part A:</b> Fourth counselling session with Simon <b>Part B:</b> Review	<b>Role-play 2</b> <b>Part A:</b> Sixth/final counselling session with Simon <b>Part B:</b> Review			
Claire Bowman		<b>Role-play 2</b> <b>Part A:</b> Initial Session with Claire <b>Part B:</b> Review		<b>Role-play 1</b> <b>Part A:</b> Middle-phase Session with Claire <b>Part B:</b> Review	<b>Role-play 1</b> <b>Part A:</b> Fourth counselling session with Claire <b>Part B:</b> Review		<b>Role-play 3</b> <b>Part A:</b> Sixth counselling session with Claire (not final) <b>Part B:</b> Review			
Jamie Greene								<b>Role-play 1</b> Brief intervention with Jamie		

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Taylor Grey								Role-play 2 Loss and Grief Support with Taylor		
Pierre Lyman									Role-play 1 Initial counselling session with Pierre	
Anika Gupta									Role-play 2 Conversation with Anika	
Christine Baker										Part A Initial counselling Session with Christine Part B: Review

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### Description of each Role-play

Practical Assessment	Role-play details – Part A	Part B
<b>Practical 1A</b> <b>Initial Session with Michelle Smith</b>	The <b>initial counselling session with a new client, Michelle Smith</b> , made an appointment with you to discuss "stress" and "time management".	Reflection of Initial Session with Michelle
<b>Practical 2A</b> <b>Role-play 1:</b> <b>Initial Session with Simon Leung</b>	The <b>initial counselling session with a new client, Simon Leung</b> . You must use a basic decision-making model to assist the client during this session. Simon was referred to you by his GP for help regarding "social anxiety" and "interpersonal communication skills".	Reflection of Initial Session with Simon
<b>Role-play 2:</b> <b>Initial Session with Claire Bowman</b>	The <b>initial Session with Claire Bowman</b> , who made an appointment with you to help her work through issues regarding her family and career.	Reflection of Initial Session with Claire
<b>Practical 3A</b> <b>Role-play 1:</b> <b>Second Session with Michelle Smith</b>	In the <b>second counselling session with Michelle Smith</b> , you will effectively use counselling communication skills to continue developing your therapeutic relationship and draw out more of Michelle's story.	Reflection of Second Session with Michelle - Includes an analysis of personality and development theories and how it will be integrated into future work with the client.
<b>Role-play 2:</b> <b>Second Session with Simon Leung</b>	In the <b>second counselling session with Simon Leung</b> , you will effectively use counselling communication skills to continue developing your therapeutic relationship and draw out more of Simon's story.	Reflection of Second Session with Simon - Includes an analysis of personality and development theories and how it will be integrated into future work with the client.
<b>Practical 4A</b> <b>Role-play:</b> <b>Middle-phase Session with Claire Bowman</b>	The <b>second counselling session with Claire Bowman</b> is the middle-phase counselling (assume you already had two sessions). This will be your third session, where you will develop a proper behavioural change program in collaboration with the client.	Reflection of Middle-phase Session with Claire - Includes an analysis of personality and development theories and how it will be integrated into future work with the client.

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Practical Assessment	Role-play details – Part A	Part B
<b>Practical 5A</b> <b>Role-play 1:</b> <b>A fourth counselling session with Claire Bowman</b>	In the <b>fourth counselling session with Claire Bowman</b> , you use appropriate counselling communication skills and a cognitive behavioural approach to explore and address Claire's feelings of self-doubt and inadequacy.	Reflection of the Fourth Session with Claire <ul style="list-style-type: none"> <li>- Includes rationale for selecting chosen cognitive behavioural technique and reflecting on the application, limitations and level of comfort</li> </ul>
<b>Role-play 2:</b> <b>Fourth counselling session with Michelle Smith</b>	In the <b>fourth counselling session with Michelle Smith</b> , you will use appropriate counselling communication skills and an integrated solution-focused and cognitive behavioural approach with Michelle.	Reflection of the Fourth Session with Michelle <ul style="list-style-type: none"> <li>- Includes rationale for selecting chosen solution-focused and cognitive behavioural technique and reflecting on the application, limitations and level of comfort</li> </ul>
<b>Practical 6A:</b> <b>Role Play:</b> <b>Fourth counselling session with Simon Leung</b>	In the <b>fourth counselling session with Simon Leung</b> , you will use appropriate counselling communication skills and an ACT approach with Simon.	Reflection of the Fourth Session with Simon <ul style="list-style-type: none"> <li>- Includes rationale for selecting chosen homework exercise and reflection on the application, limitations and level of comfort</li> </ul>
<b>Practical 7A</b> <b>Role-play 1:</b> <b>Sixth/final counselling session with Michelle Smith</b>	In the <b>sixth counselling session with Michelle</b> , you will use appropriate counselling communication skills to conduct a final counselling session in which you review Michelle's perspective regarding her progress, make suggestions for further support, and bring the counselling process to an end.	Reflection of Final Session with Michelle
<b>Role-play 2:</b> <b>Sixth/final counselling session with Simon Leung</b>	In the <b>sixth counselling session with Simon Leung</b> , you will use appropriate counselling communication skills to conduct a final counselling session in which you review Simon's perspective regarding his progress, make suggestions for further support, and bring the counselling process to an end.	Reflection of the Final Session with Simon
<b>Role-play 3:</b> <b>Sixth counselling session with Claire Bowman</b>	In the <b>sixth counselling session with Claire Bowman</b> , you will use appropriate counselling communication skills to conduct a <b>re-contracting session</b> to review Claire's perspective regarding her progress, goals, and re-contract.	Reflection of the Sixth Session with Claire

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<b>Practical 8A</b> <b>Role-play 1:</b> <b>Brief intervention with Jamie Greene</b>	For this Role-play, you will be required to conduct a <b>brief intervention with the client</b> (Jamie) in which you conduct a motivational interview and then provide appropriate support based upon their stage of change.	
<b>Role-play 2:</b> <b>Loss and Grief Support with Taylor Grey</b>	For this Role-play, you will be required to conduct an <b>initial counselling session with a new client, Taylor Grey</b> , where you will effectively use verbal and non-verbal communication techniques and counselling strategies to provide grief and bereavement support to your client.	
<b>Practical 9A</b> <b>Role-play 1:</b> <b>Initial session with Pierre Lyman</b>	For this Role-play, you are conducting an <b>initial session with a new client, Pierre Lyman</b> , referred to you by his case manager for counselling support as part of his larger case management plan. Pierre's case manager, Sam, has provided you with Pierre's individualised plan.	
<b>Role-play 2: Conversation with Anika Gupta</b>	For this Role-play, you have just finished facilitating one of your group sessions and one of the clients, Anika, has asked to speak to you. You will provide a <b>brief intervention</b> to support your client.	
<b>Practical 10A</b> <b>Role-play:</b> <b>Third counselling session with Christine Baker</b>	For this Role-play, you are <b>conducting your third counselling session with a client, Christine Baker</b> , where you will discover that Christine is in a crisis. Throughout the Role-play, you must take appropriate actions that comply with your responsibilities as a counsellor and your organisation's policies and procedures to manage Christine's crisis.	Reflection of the Third Session with Christine - Includes an evaluation of handling a crisis situation