


# Learning Story

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Title	Images
<p><b>Our experience</b></p> <p>We all enjoy our sometimes food! Our class has spent the last few weeks learning about a balanced healthy lifestyle.</p> <p>Today we decided to look at sometimes food. The children got together and so discussed what sometimes food was.</p> <p>‘It’s food you only eat sometimes.’ – Kelly</p> <p>‘It’s food you see on the TV.’ – Alex</p> <p>‘It’s all the yummiest food.’ – Stevie</p> <p>So, we decided to cook sometimes food. The children took a vote for what they wanted to cook. They spoke about biscuits, cakes and pancakes but in the end, they chose to make cupcakes.</p> <p>The children were very excited to work in two groups. One group had to read the instructions and we used a visual card instruction recipe. They had to let the other group know what they needed to do.</p> <p>‘You need three eggs, and you need to crack them open but don’t spill them.’ – Charman</p> <p>The children made us all so proud working together cooperatively to make the mixture. The children put in flour eggs, milk and butter and took it in turns to stir the mixture.</p> <p>‘You need to get all the clumps out.’ – Sian</p> <p>‘Yeah, and I have the biggest muscles in my arms.’ – Bronx</p> <p>After the batter was made the children wheeled the mixture to the chef where they learnt about turning on an oven and how heat rises. We set a timer in the room and when the muffins came out, we let them cool down on the bench. The children were encouraged not to touch the muffins but feel on top and see if heat was rising from them.</p> <p>At afternoon teatime Kelly and Bronx safely handed each child a cupcake and we sat together on the picnic blanket.</p> <p>The children were so proud of how fresh and yummy their cupcakes were. They spoke about measuring and cooking and wanted to go home and show their mum’s and dad’s what they could do.</p> <p>All the children agreed that sometimes food was ‘SUPER FUN.’</p> <p>I agree with them!</p>	

### **What the children/child learnt along the way**

This was a beautiful experience for the children and educators. The children learnt mathematics with working through the measurements of the ingredients and time for cooking. Science elements with learning about heat and change of batter into a cupcake. Mostly the children learnt to work together, share thoughts and ideas and respect that each child was included and encouraged. They completed a task together! Children have shown great knowledge of sometimes food and its wonderful to see them enjoying the experience together and wanting to share it with their families.

### **Where to next?**

It's important to continue providing the children opportunities to work together and collaborate as they are preparing for kinder and school. We can implement a project-based art experience where the children can decide of what the project will be with guidance and collaborate together on design and execution.

### **Links to EYLF outcomes**

Children are connected and contribute to their world –

- Cooperate with others and negotiate roles and relationships in play episodes and group experiences.
- Take action to assist other children to participate in social groups.

